

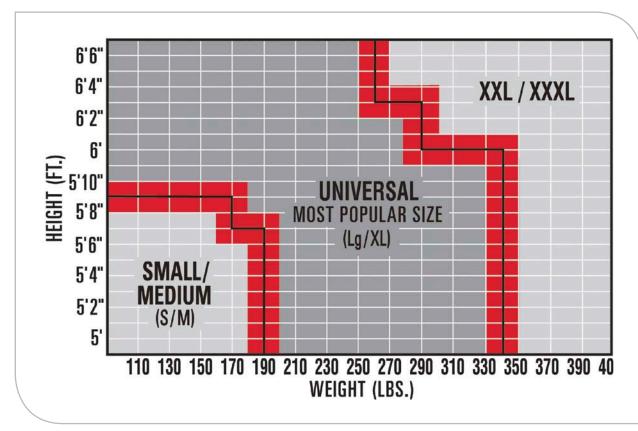
Job Security

What everybody needs!

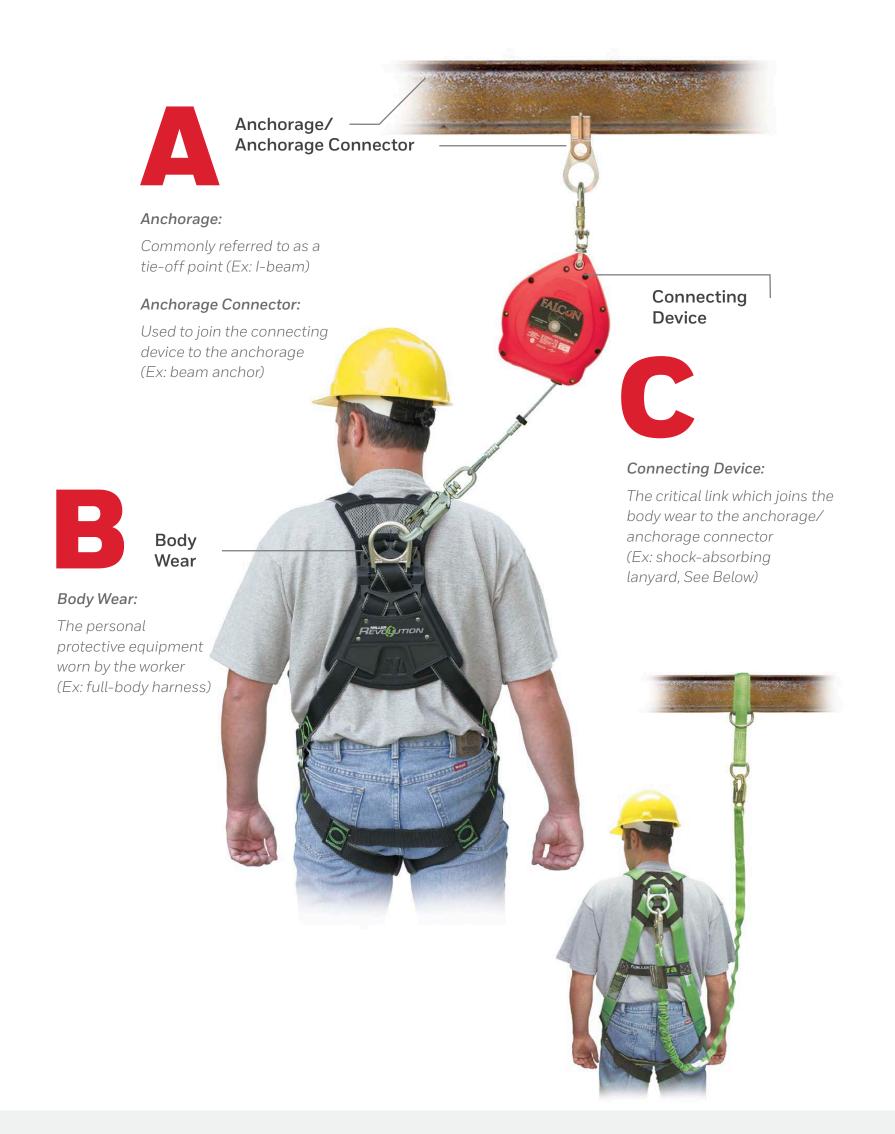
Personal Fall Arrest System

Three key components of the Personal Fall Arrest System (PFAS) must be in place and properly used to provide maximum worker protection.

Individually, these components will not provide protection from a fall. However, when used properly and in conjunction with each other, they form a Personal Fall Arrest System that becomes vitally important to safety on the job site.



Harness Size Chart



How to Don a Harness: 6 Easy Steps That Could Save Your Life



1. Hold harness by back D-ring. Shake harness to allow all straps to fall in place.



2. If chest, leg and/ or waist straps are buckled, release straps and unbuckle at this time.



3. Slip straps over shoulders so D-ring is located in middle of back between shoulder blades.



4. Pull leg strap
between legs and
connect to opposite end.
Repeat with second leg
strap. If belted harness,
connect waist strap after
leg straps.



5. Connect chest strap and position in midchest area.Tighten to keep shoulder straps taut.



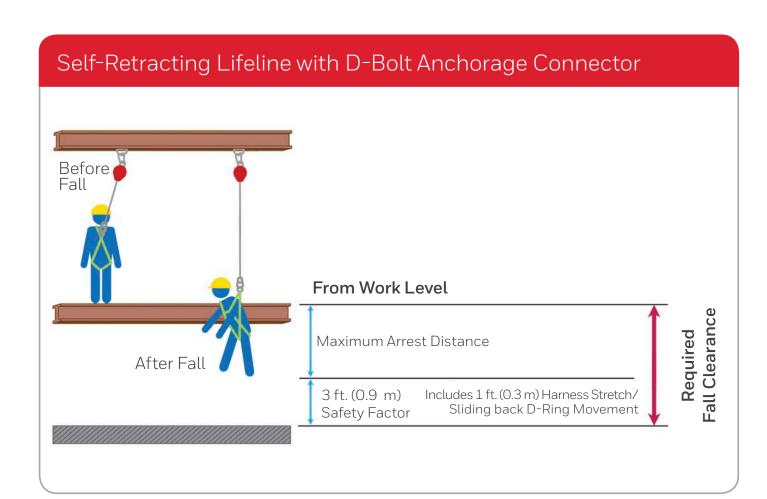
6. After all straps have been buckled, tighten all buckles so that harness fits snug but allows full range of movement.

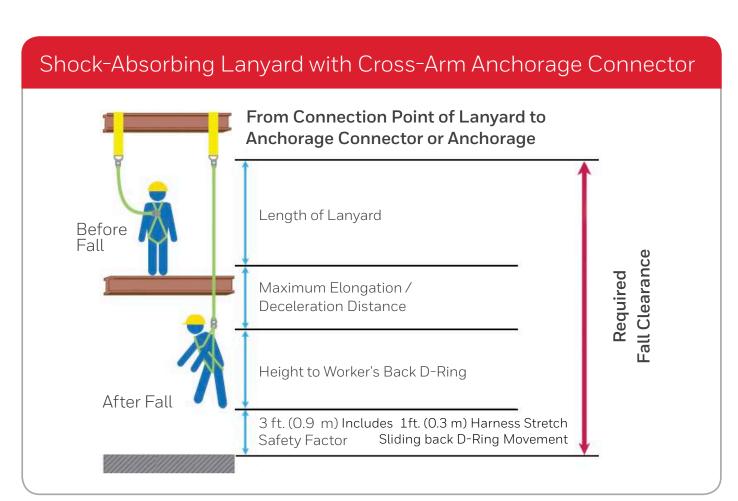
Pass excess strap through loop keepers.

Select the Proper Fall Protection Equipment

Self-Retracting Lifeline or Shock-Absorbing Lanyard?

Always know your fall distance and select proper equipment to meet the fall clearance.

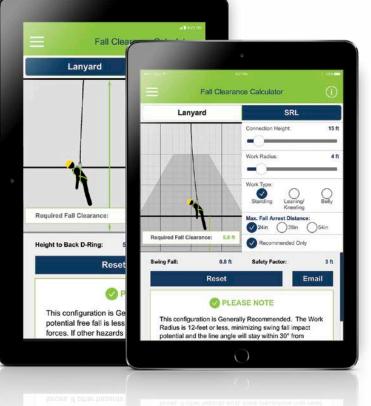


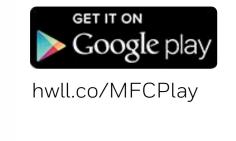


Miller Fall Clearance App

Required fall clearance must be calculated to determine the type of connecting device to be used. Calculating your fall clearance and swing fall has never been easier, and features real-time results with animation – including the ability to email results.









For more informationwww.millerfallprotection.com